

# **Self-Care For The Self-Aware: A Guide For Highly Sensitive People, Empaths, Intuitives, And Healers By Dave Markowitz**

**By Dave Markowitz**

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As you will see after reading this, Dave is a gifted healer and writer. For those of you who are empathic souls, "healers" yourself or not, you will learn so much

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Dave Markowitz is a medical intuitive who has helped thousands on their Past Lives and Altered States Hot A Guide for Highly Sensitive People, Empaths, Self Care For The Self Aware A Guide For Highly Self Care For The Self Aware A Guide For Highly Sensitive People Empaths Intuitives Dave Markowitz

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